

# MLLLC PROGRAMS

Michael Long Learning  
& Leadership Centre





**ALWAYS  
WEAR YOUR  
SEATBELT**

MACC ROAD SAFETY PARTNER

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# MICHAEL LONG LEARNING & LEADERSHIP CENTRE

The Michael Long Learning and Leadership centre harnesses the power of AFL in the Northern Territory to provide opportunity and connection for First Nations people and the wider community.

The centre is home to MLLLC Programs, Remote Projects and AFLNT - capturing the love for football and values based education. Culture, community, connection and opportunity remain at the heart of the centre, with the voices of our people central to our growth.

“This is a place where young Territorians will become leaders, a place where they will come to know of their importance in life, their value to society and where they can realise their immense potential. This is my dream - this is the Michael Long Learning and Leadership Centre.”

- Michael Long

## MLLLC PROGRAMS

The MLLLC programs aim to support and empower First Nations youth through leadership and educational opportunities, encouraging school engagement and personal growth for every young person. The MLLLC programs are delivered to a vast number of communities across the Northern Territory, with the support of MACC Road Safety, INPEX, Intract, and the NT Department of Education.

Through two-way learning, students explore MLLLC values of Standing Strong (Leadership), Feeling Good (Wellbeing), and One Mob (Community & Connections).

Consistent and meaningful engagement with schools, students and families, has meant our young people are able to determine their own lives and explore their own ideas of success.



**"To engage and inspire our young people - one kick, one mark, one student at a time."**

# THE MLLLC PURPOSE

**STRENGTH-BASED &  
COMMUNITY  
RESPONSIVE  
PROGRAMMING**

## **INCREASE SCHOOL ENGAGEMENT & POSITIVE BEHAVIOUR**

**01.**

The love and passion for footy in the Northern Territory is immeasurable, particularly for our youth in remote communities. With the support of the NT Department of Education, the MLLLC programs have successfully used AFL as a vehicle to support and increase students' engagement with education and personal development. The aim of MLLLC programs is to work with schools, families, and community members to provide best practice and responsive programming, to improve or maintain student attendance at school, and provide/enhance skills for leadership and positive behaviour in community.

## **ENGAGEMENT**

**02.**

The MLLLC understands that all communities that we work with are different from one another - from language, to culture, values, successes and challenges. All programs are created to respond to the needs and desires of each community, remaining flexible to ensure students get the best out of the program. MLLLC and AFLNT staff rely on consistent and meaningful relationships with the entire community for the longevity and successful outcomes of our programs.

These programs are for you and your community.



## **MLLLC OUTCOMES**

**03.**

Indigenous success comes in many shapes and forms. It is through the MLLLC programs mission to provide opportunity and connection, by which students are able to explore their own means of success.

MLLLC continues to ensure students have access to a range of spaces and learnings that incorporate culture, language, community, and will continue to grow in this space so all students, of all genders, sexualities and cultural backgrounds have the necessary skills and learnings to succeed, however they see fit.

## **THE POWER OF FOOTY IN THE NT**



**“I tell the kids coming up,  
education is the main thing that got  
me to where I am now and going  
places to play footy. That made me  
confident. I can go away from home  
now without being homesick.”**

**Kim Kantilla  
AFL Draft Prospect**



# PROGRAM OUTLINE

Two Way Learning  
Exploring Indigenous Success  
On Country & Residential



In 2023, MLLLC programs will offer the *Make Your Mark* program for year 6 students (10-13 years old). This program will incorporate On Country learning in NT remote communities and a residential component held at the Michael Long Learning and Leadership Centre in Darwin.

The Make Your Mark program explores themes of leadership, wellbeing and community, and uses elements of AFL to enhance engagement and success for each student.

Students will engage in curriculum which focuses on:

- Making good choices
- Health and wellbeing
- Literacy and numeracy
- Teamwork
- Creative arts
- Goal mapping
- Hands on learning
- Strong relationships and connections

What it looks like:

- 15 weeks - flexible
- On Country (community engagement) and Residential Darwin
- Strength-based programming
- AFL Certified curriculum
- Curriculum that incorporates cultural learnings and safety
- Students aged 10-13
- 10 - 20 students - students chosen based on high attendance and positive engagement/behaviour in school (directed by school)
- Engagement with teachers and students' family - building strong relationships for greater student success

*\*Please note, our programs are funded for Aboriginal and Torres Strait Islander students only.*



**MLLLC PROGRAMS CONTINUE TO WORK WITH COMMUNITIES TO ADAPT, GROW AND STRENGTHEN OUR PROGRAMS AND OUR PURPOSE.**

**CONSISTENT AND MEANINGFUL ENGAGEMENT WITH SCHOOLS, STUDENTS AND FAMILIES, MEANS OUR YOUNG PEOPLE ARE ABLE TO DETERMINE THEIR OWN LIVES AND EXPLORE THEIR OWN IDEAS OF SUCCESS. THIS IS INDIGENOUS EXCELLENCE.**





# MAKE YOUR MARK

**TWO-WAY  
LEARNING**

**BEST-  
PRACTICE**

**INFORMED  
CURRICULUM**

## RESIDENTIAL

The Make your Mark program is targeted to students aged 10 - 13 years and encompasses a 15-week community-based leadership program and a one-week residential program at the MLLLC.

### The program includes:

- Refined boarding school experience (residential)
- Enhancing leadership skills
- Building new relationships and new learnings with local organisations and businesses
- New experiences and opportunities
- Curriculum incorporating AFL themed literacy and numeracy
- Focus on student wellbeing and personal development
- AFL Certified curriculum
- AFL player/club knowledge, voices and mentoring

*Our core content is aligned to the National Australian Education Curriculum.*

\*MLLLC Programs are funded for Indigenous students. Please reach out for any further questions or support.

## ON COUNTRY - COMMUNITY ENGAGEMENT

### Pre/Post Residential Program

- Teacher resources - AFL / Leadership content and activities
- Engagement with AFL Players and Clubs
- AFLNT Remote Development Manager (RDMs) on-ground support

### RESIDENTIAL PROGRAM (DARWIN)

- One-week
- Excursions and experiences
- Relationship building - local Darwin/NT organisations

### Who?

- 10-20 students (male and female)
- Teacher(s) and Assistant Teacher(s)
- AFLNT RDMs or community member

### Program Costs

- Student: \$850 (covered by MLLLC)
- Staff: \$500 (covered by MLLLC)

*\*includes accommodation, meals, student wellbeing, excursions, MLLLC uniform*

### Travel

To be covered and organised by the school. Should you require any support, please reach out.

# WHAT IT LOOKS LIKE

Over 15 weeks, students will engage with various activities that incorporate MLLLC values through the work with the AFL (including AFL clubs and players), AFLNT Remote Development Managers (RDMs), and MLLLC Program staff.

## A WEEK AT THE MICHAEL LONG LEARNING AND LEADERSHIP CENTRE

### MLLLC Residential

- Darwin boarding house visits - Haileybury, St Johns College
- Educational activities - numeracy, literacy and wellbeing aligned with Australian National Education curriculum
- AFL themed leadership initiatives
- Leadership activities - scavenger hunts at MLLLC and Darwin city, public speaking, leadership qualities - in community, on the field, at school
- AFLNT Game Development - footy skills and game focus
- Umpiring - learning new skills
- Elite AFL training programs - supported by AFL clubs and AFLNT NT Thunder Academy to learning standards of elite athletes
- Living away from home - activities to strengthen mindset and personal development to counteract homesickness and learnings to live away from home
- Students learn new skills, connections and ways to navigate living in *two worlds*
- Working together - Parliament house and NTEC, local Aboriginal organisations, Surf Live Saving NT and more
- Experiences - beach, water park, Casuarina Shopping Centre, Kingpin, Darwin Waterfront and more
- Wellbeing focus - Leadership, mindset, healthy eating and cooking, wellness sessions

**and more!**

## ON COUNTRY COMMUNITY ENGAGEMENT

- Intensive On Country program incorporating Education, Leadership and AFL
  - MLLLC Staff fly into community
  - Based in local school
  - One week (flexible)
- RDM Additional support - Consistent engagement and on-ground support from community based AFLNT Remote Development Managers (RDMs)
  - AFL and MLLLC leadership sessions run by RDMs
  - Student mentorship - supporting student engagement in school and positive behaviour
  - Out of school sessions - footy skills and relationship building
- AFL Player Mentorship - video yarns and community/school support
- Resources for teachers provided by MLLLC
- Access to AFL Schools Teacher Resources (aligned with National Curriculum) - footy skills, leadership, wellbeing, numeracy and literacy
  - Lesson plans, worksheets, reflections and surveys
- Engagement and support for families
  - MLLLC Staff and RDMs working with families and community organisations to help increase student attendance and personal development for all



# GET INVOLVED

## RESIDENTIAL PROGRAM (DARWIN)

### AVAILABILITIES

Weeks 3 - 9

Term 1, 2, 3 & 4

## ON COUNTRY (ENGAGEMENT)

### AVAILABILITIES

Recommended 15 Weeks  
Prior and post Residential  
Program

*\*work with MLLLC staff to  
develop program (flexible)*



EXPRESSION OF INTEREST FORM  
MLLLC PROGRAMS 2023

## CONTACT

For further information

[mlllc@afl.com.au](mailto:mlllc@afl.com.au)

(08) 8980 4801

**The Michael Long Learning and Leadership Centre is a place for you - for the community. The MLLLC programs will continue to embrace all cultures, genders, sexualities and abilities, and provide safe spaces and pathways for all our people.**

 @themichaellongcentre

 The Michael Long Centre

 <https://www.michaellongfoundation.org.au/mlllc-programs>





# Michael Long

LEARNING & LEADERSHIP CENTRE

## PROUDLY SUPPORTED BY



THE MICHAEL LONG LEARNING AND LEADERSHIP CENTRE IS LOCATED ON THE LANDS OF THE LARRAKIA PEOPLE. WE ARE THANKFUL TO BE ABLE TO CONTINUE OUR WORK ON THIS COUNTRY.

WE ALSO THANK ALL THE COMMUNITIES AND TRADITIONAL OWNERS FROM ACROSS THE NORTHERN TERRITORY FOR YOUR CONTINUING SUPPORT.