



coach

LEVEL 1 COACHING COURSE

11TH-18TH NOVEMBER 2013
KANTILLA'S FUNCTION ROOM
TIO STADIUM, DARWIN
(Includes all coaching resources,
see reverse for course outline)

Cost: \$80 inc GST

FOR MORE INFORMATION PLEASE CONTACT
NT Thunder Talent and Coaching Coordinator Wally Gallio
E: Wally.Gallio@afnt.com.au or Ph: 0432 981 406



**NORTHERN
TERRITORY**



coach

11th November 2013

| LEVEL 1 YOUTH/SENIOR | | |
|----------------------|--|----------|
| TIME | CONTENT | LECTURER |
| 5.30pm | Registration | |
| 6.00pm | AFL Coaching, Northern Territory Football Structures, National Scene | |
| 6.15pm | Players Characteristics and Motivators | |
| 7.00pm | Effective Coaching | |
| 8.00pm | Program Planning and Planning a Training Session | |
| 8.45pm | Team Play & Tactics | |
| 9.30pm | Finish and Administration | |

18th November 2013

| LEVEL 1 YOUTH/SENIOR | | |
|----------------------|---|----------|
| TIME | CONTENT | LECTURER |
| 5.30pm | Registration and | |
| 6.00pm | Course Outline | |
| 6.00pm | PRATICAL SESSION | |
| | <ul style="list-style-type: none"> + How to Teach the Skill and Remedial Teaching + Warm Up Drills/Introduction of Game Sense + Drill Extension and Game Related Teaching + On the Mat (if time allows) | |
| | Communication Skills and Strategies For Senior Players | |
| 8.30pm | Umpire Coach Partnership | |
| 9.30pm | Finish and Administration | |